

STATE

OF AN

INSTITUTION

NEAR

Y O R K,

CALLED

THE RETREAT,

FOR PERSONS

AFFLICTED WITH DISORDERS OF
THE MIND.

WHITBY:

PRINTED BY T. WEBSTER.

1805.

DIRECTORS

FOR THE YEAR ENSUING.



John Mafon
Daniel Doncaster
Joseph Tatham
John Tuke
William Hartas
Jonathan Sanders
Henry Caifon
Samuel Elam
William Tuke
Mordecai Caifon
John Huftler
Jeremiah Huftler
Charles Parker
John Raw
John Barker
Thomas Procter
John Clark
Richard Walton
Thomas Priestman
John Fisher

Nathan Dearman
Edward West
George Webfter
William Marfden
Benjamin Mallinfon
Timothy Clark
Edmund Peckover
William Birkbeck
Philip Hefletine
Joseph Taylor
Timothy White
William Stickney
William Bleckly
Joseph Clark
Gervas Elam
William Maud
Simon Hutchinson
David Priestman
John Belton
William Procter

Retreat, near York, for Persons afflicted with Disorders of the Mind; being Members of the Society of Friends, or those professing with them: Instituted at a Meeting of Friends, held the 28th. of 6th. Month, 1792; and opened for the Reception of Patients in 1796.

AT a General Meeting of Directors and Subscribers, held the 26th. of 6th. Month, 1805, the Committee brought in the following Report of the State of the Institution.

By the following statement of the accounts of the Institution, it will be perceived, that there is an increase of property of 521l. 6s. 2d. A great part of this increase has, however, been expended in erecting the late additional buildings, the whole expense of which is not yet discharged. All the buildings are rated at the original cost. There still remains a debt of 2569l. owing for principal and interest; these circumstances render the continued liberality of Friends necessary.

The number of Patients now in the House is 49, viz. 16 Men and 33 Women. Eleven Patients have been admitted since last year; two have died, and five have been discharged; others are in a state of recovery; and we may with satisfaction observe, that we believe the state of the Patients continues to be so attended to, as to render them as comfortable as persons under their circumstances can be expected to be.

INCOME.

| | L | S | D |
|--------------------------------------------------------------------------------------|------|----|---|
| Income from the Patients | 1146 | 11 | 4 |
| Donations | 110 | 4 | 0 |
| Legacy | 10 | 0 | 0 |
| Subscriptions, annual | 58 | 16 | 0 |
| Ditto for Annuities | 200 | 0 | 0 |
| From the decease of a Patient, for whose maintenance a sum of mo- ney was sunk | 391 | 5 | 0 |
| Total Income | 1916 | 16 | 4 |
| Do. Expenditure | 1395 | 10 | 2 |
| Income above Expenditure | 521 | 6 | 2 |

Property belonging to the Institution.

| | | | |
|-----------------------------------|------|----|-----------------|
| Land and Improvements | 1629 | 16 | 1 $\frac{1}{2}$ |
| Buildings cost | 5385 | 4 | 2 |
| Furniture | 797 | 0 | 2 |
| Linen | 63 | 6 | 0 |
| Provisions on hand | 77 | 14 | 0 |
| Stock on the land | 56 | 2 | 0 |
| Drugs | 5 | 5 | 0 |
| Patients, due from them | 322 | 7 | 9 $\frac{1}{2}$ |
| | 8336 | 15 | 3 |
| Balance 31st. of 3d. Month, 1804, | 4893 | 1 | 7 |
| Increase of Property this year, | 521 | 6 | 2 |
| | 5414 | 7 | 9 |

EXPENDITURE.

| | L | S | D |
|--------------------------------------------------------------|------|----|----|
| House Expenses | 877 | 9 | 2 |
| Linen, wear and tear | 11 | 2 | 8 |
| Furniture, ditto | 41 | 19 | 0 |
| Servants' Wages and Salaries, Physician's included | 224 | 0 | 6 |
| Drugs | 5 | 11 | 7 |
| Repairs and extra Expenses | 29 | 13 | 4 |
| | 1189 | 16 | 3 |
| Interest of Money | 115 | 6 | 0 |
| Annuities | 90 | 7 | 11 |
| Total Expenditure | 1395 | 10 | 2 |

Owing by the Institution.

| | | | |
|-----------------------------------------------------------|------|----|----|
| To sundry persons, principal and interest | 2569 | 0 | 8 |
| To Annuitants | 78 | 10 | 8 |
| A Sum charged to Building Account, but not paid | 107 | 15 | 11 |
| For Salaries and Servants' Wages | 146 | 3 | 2 |
| To William Tuke, Treasurer | 20 | 17 | 1 |
| Balance in favour of the Institution | 5414 | 7 | 9 |
| | 8336 | 15 | 3 |

The Institution also remains subject to the payment of 5 per cent. per annum to Life Annuitants, on the sum of £1950.

DONATIONS.

| | | | |
|--------------------------------------------------------------|-----|---|---|
| Received after 31st. of 3d. Mo. 1804, and reported last Year | l | s | d |
| Lancashire—James Cropper | 7 | 7 | 0 |
| London and Middlesex—Samuel Hoare | 10 | 0 | 0 |
| Mary Sterry, 3d. | 30 | 0 | 0 |
| Yorkshire—Anonymous, by Thomas Procter | 20 | 0 | 0 |
| A Friend, by Thomas Procter | 2 | 2 | 0 |
| Benjamin Jowitt, 2d. | 5 | 5 | 0 |
| Mordecai Caffon, 2d. | 5 | 5 | 0 |
| Henry Caffon, 2d. | 5 | 0 | 0 |
| Elihu Dickinson | 20 | 0 | 0 |
| | 5 | 5 | 0 |
| | 110 | 4 | 0 |

FOR ANNUITIES,

| | | | |
|-----------------------------------------------------------------|-----|---|---|
| Received after 31st. of 3d. Month, 1804, and reported last Year | 100 | 0 | 0 |
| Robert Pickering, York, | 50 | 0 | 0 |
| Mary Robinson, Manchester | 50 | 0 | 0 |
| | 200 | 0 | 0 |

Received after 31st. of 3d. Month, 1805,

FOR ANNUITY,

| | | | |
|--------------------------|----|---|---|
| Ireland—Susanna Atkinson | 50 | 0 | 0 |
|--------------------------|----|---|---|

DONATIONS.

| | | | |
|------------------------------------|----|----|---|
| Bed. and Herts.—Richard Brown, 3d. | 5 | 0 | 0 |
| Lancashire—J. J. and S. Forster | 3 | 3 | 0 |
| Suffolk—John King | 2 | 2 | 0 |
| Yorkshire—Ann Crane | 10 | 10 | 0 |
| | 20 | 15 | 0 |

ANNUAL SUBSCRIPTIONS.

| | | | |
|----------------------------|---|---|---|
| Bedf. and Hertf. | 1 | s | d |
| Mercy Ransom | 2 | 2 | 0 |
| Isaac Sharples | 2 | 2 | 0 |
| Cambridge. and Hunt. | | | |
| Ellington Wright | 1 | 1 | 0 |
| Devonshire. | | | |
| John Abbott | 1 | 1 | 0 |
| Lancashire. | | | |
| Benjamin Binyon, 2 Years | 2 | 2 | 0 |
| Northamptonshire. | | | |
| Benjamin Middleton | 1 | 1 | 0 |
| Thomas Bayes | 1 | 1 | 0 |
| William Ashby | 1 | 1 | 0 |
| Edward Smith | 1 | 1 | 0 |
| Suffolk. | | | |
| John King, 2 Years | 4 | 4 | 0 |
| Yorkshire. | | | |
| George Raw | 2 | 2 | 0 |
| George Sanders | 2 | 2 | 0 |
| John Chapman | 2 | 2 | 0 |
| Jonathan Sanders | 2 | 2 | 0 |
| William Stickney | 2 | 2 | 0 |
| John Fothergill | 1 | 1 | 0 |
| Thomas Procter | 2 | 2 | 0 |
| William Procter | 2 | 2 | 0 |
| Charles Parker | 2 | 2 | 0 |
| Joseph Dickinson | 1 | 1 | 0 |
| Timothy Clark | 1 | 1 | 0 |
| William Coning | 1 | 1 | 0 |
| Benjamin Mallinson | 1 | 1 | 0 |
| John Hoyland | 2 | 2 | 0 |
| Lindley Murray | 1 | 1 | 0 |
| William Tuke | 1 | 1 | 0 |
| Henry Tuke | 1 | 1 | 0 |
| John Fisher | 2 | 2 | 0 |
| A Friend by John Broadhead | 1 | 1 | 0 |
| William Birkbeck | 2 | 2 | 0 |
| William Maud | 2 | 2 | 0 |
| Simon Hutchinson | 1 | 1 | 0 |
| Joseph Clark | 2 | 2 | 0 |
| Samuel Birchall | 1 | 1 | 0 |
| Richard Walton, 2 Years | 2 | 2 | 0 |
| John Belton | 1 | 1 | 0 |

Total of Subscriptions of Friends within each Quarterly Meeting, to the present Time.

| | Donations | | | Annuities |
|----------------------------------|-----------|----|---|-----------|
| | £. | s | d | £ |
| Bedfordshire and Hertfordshire | 127 | 5 | 0 | 100 |
| Bristol and Somersetshire | 211 | 8 | 0 | 200 |
| Buckinghamshire | 82 | 14 | 6 | |
| Cambridgesh. and Huntingdonsh. | 83 | 16 | 6 | 50 |
| Cornwall | 21 | 0 | 0 | |
| Cumberland and Northumberland | 62 | 16 | 6 | |
| Devonshire | 5 | 5 | 0 | |
| Durham | 103 | 18 | 0 | |
| Derbyshire and Nottinghamshire | 133 | 12 | 0 | |
| Essex | 65 | 15 | 0 | 400 |
| Glocestershire | 118 | 11 | 0 | |
| Herefordshire and Worcestershire | 100 | 0 | 0 | |
| Kent | 1 | 1 | 0 | |
| Lancashire | 226 | 6 | 6 | 200 |
| Lincolnshire | 46 | 15 | 6 | |
| London and Middlesex | 813 | 8 | 6 | 300 |
| Norfolk and Norwich | 56 | 0 | 0 | |
| Northamptonshire | 15 | 15 | 0 | |
| North Wales | 290 | 0 | 0 | |
| Suffolk | 220 | 3 | 0 | 150 |
| Surry and Suffex | 154 | 2 | 0 | |
| Scotland | 14 | 14 | 0 | |
| Warwickshire | 70 | 0 | 0 | |
| Westmorland | 58 | 14 | 6 | |
| Wiltshire | 52 | 10 | 0 | |
| Yorkshire | 868 | 7 | 0 | 525 |
| Ireland | 0 | 0 | 0 | 100 |
| Rhode Island | 20 | 0 | 0 | |
| Anonymous | 155 | 0 | 0 | |
| Legacies | 410 | 16 | 0 | |
| Total | 4589 | 14 | 6 | 2025 |

RULES AND REGULATIONS.



1. **T**HE Institution is to be established and supported by Annuities, Donations, and annual Subscriptions; and the same (which should be altogether voluntary) is to be promoted amongst Friends within the compass of any Quarterly Meeting.

2d. Each Subscriber, by way of Annuity, contributing a sum not less than twenty pounds, shall receive an interest of five per cent. per annum, during life.

3d. A contribution of one hundred pounds, from any Quarterly or other Meeting in its collective capacity, or a donation of twenty-five pounds from any Friend, or a subscription of fifty pounds for an Annuity, shall entitle such Meeting, Donor, or Annuitant, respectively, to the privilege of nominating one poor Patient at a time, on the lowest terms of admission.

4th. The name of every Annuitant, Donor, and Subscriber, shall be recorded in a book to be kept for that purpose; and every Annuitant, Donor of not less than two guineas, and Subscriber of sums in any manner equal to two guineas, (being and continuing a member of our Society.) shall be a member of the meetings which are to be held for the government and superintendence of the Institution.

5th. There shall be paid for Board, Washing, medical Advice and Medicines, and all other things necessary, except clothing, for every poor Patient privileged agreeably to the third Rule, a sum not less than four shillings per week.

6th. Not less than eight shillings per week shall be paid for other Patients, and more according to circumstances; and six shillings per week for the board of the servant of a Patient, in case their friends should incline to send one; which servant must be approved by the Committee. The terms of admission to be subject to future alteration, if found necessary.

7th. As the benefit of the proposed Institution is intended to extend to those who are not strictly members of our Society, though not under eight shillings per week, it is agreed that subscriptions may also be received from such persons.

8th. In case any quarterly Meeting be small, or its members not in an eligible situation to raise one hundred pounds, the General Meeting of Subscribers shall have power, on application, to extend the privilege of the third Rule to such Meetings, on contributing a smaller sum, at the discretion of the said General Meeting.

9th. For the satisfaction of Subscribers on life annuities, and those who have lent, or may hereafter lend, any money to this Institution, this Meeting declares, that the whole real and personal property thereunto belonging, acquired, and to be acquired, shall stand and continue a security to the said life Annuitants, for the annual payment of their interest, and to the Lenders aforesaid, for the regular payment of principal and interest.

10th. The privilege of Meetings, or persons, to recom-

mend poor Patients on the lowest terms of admission, according to the third and eighth Rules of 9th. Month, 1794, shall not be taken away or diminished, notwithstanding any general powers which are or may be invested in the future Directors.

11th. A General Meeting shall be held in the latter end of the 6th. month, or beginning of the 7th. month, of every year, unless some other time should hereafter be found more convenient; and the Friends who may compose it shall, from time to time, have a general state of the family, and accounts of the Institution, laid before them, and (except the two preceding minutes which relate to securities to Annuitants, to Lenders of money, and to privileged Meetings and Subscribers,) shall have power to alter or make Rules, and give such directions, as they may think best adapted to promote the designs of the Institution; and to appoint a Treasurer, who shall keep and dispose of the money entrusted to him, as the said Meeting shall direct: they may also confirm, alter, or abrogate, the Orders and Regulations of the Quarterly Meetings; and shall choose annually a Committee for the immediate care and management of the Undertaking.— This Committee are to meet once a month at farthest; fix the terms of admission for the different Patients; make out clear and distinct accounts of the state of the Institution; and, carry into execution the Rules and Orders made for promoting its welfare.

12th. During, or after the conclusion of, each Quarterly Meeting of Friends for Yorkshire, a Meeting is to be held to examine the said Committee's accounts, read over all their minutes, advance or reduce the weekly payment of any of the Patients, and give the Committee such advice and direction as they may think proper, consistently with the general Rules and Orders that may have been established.

13th. The General Meeting, in the year 1800, according to the original plan of the Institution, made provision for a perpetual succession of Directors. Forty Subscribers, members of our Society, were nominated and appointed, who, with their successors, as hereafter directed to be appointed, (together with any other Donors or Subscribers, qualified according to the fourth Rule, and Agents that may be appointed by any qualified Meeting, that may from time to time choose to attend) are to be the General Meeting, and continue the Directors of the Institution, in whom the government of it is perpetually to vest and remain; any ten of whom are to be sufficient to do business. The said forty Directors, or any eight of them, with any other qualified Donors or Subscribers, are to meet quarterly for the purposes of the twelfth Rule.

14th. At the expiration of each year, the first named eight on the list are to cease to be Directors, and eight others, members of our Society, are to be appointed by the General Meeting in their place; (with an addition for such as may be deceased or disowned;) any of whom may be chosen from the number of Donors and Subscribers, or others, as shall, in process of time, be judged most convenient and best.

15th. If, at any future period, by means of some unforeseen or unexpected events, it should appear to the General Meeting, that the original purpose of the Undertaking cannot be accomplished or pursued, the said General Meeting shall give due notice in writing to all the Directors, and also in every Quarterly or other Meeting of our Society, which, according to the Rules, may be interested therein, that the disposal of the property of the Institution is to be taken under consideration at their next Meeting; at which Meeting two Agents or Representatives, appointed by any of the said

Meetings, shall be admitted as Members of the General Meeting ; and in case two-thirds of the Meeting so convened shall agree thereto, they may sell or dispose of the whole estate and property of the Institution, or of any part thereof, or appropriate the same, or the neat produce thereof, to such just, equitable, or charitable uses, as they, on serious and deliberate consideration, shall judge best.

16th. A quarter of a year's maintenance for each Patient is to be regularly paid in advance ; and in case the Patient should be cured, or die before the expiration of the first quarter, no part thereof is to be returned ; but, after the first quarter, return is to be made for the number of whole weeks unexpired, at the time of removal, or decease of a Patient.

17th. On the admission of Patients, the Committee should, in general, require a certificate, signed by a medical person, to the following import : *I do hereby certify, that A B of C, aged --- years, is in a state of Insanity, and proper to be received into a house provided for the relief of persons of that description.** It is also desirable, that some account should be sent, how long the Patient has been disordered ; whether any, or what sort of medical means have been used ; and whether any disposition has appeared in the Patient to injure him or herself, or any other person ; with any other circumstances likely to throw light on the case relative to his or her treatment.

18th. As the Committee is not to admit any Patient, on lower terms than eight shillings per week, unless recommended by the Agent of a privileged Meeting, or a Subscri-

* *Also whether the Patient is afflicted with any complaint independent of Insanity.*

ber qualified according to the third Rule, it is hoped that individual Subscribers will be cautious of recommending Patients, whose maintenance, or any part thereof, is paid by a monthly or other Meeting, to the saving of the expense of the members of such Meetings collectively, thereby rendering it unnecessary for them to subscribe to the Institution: but no discouragement is hereby intended to the assistance of Friends whose circumstances, or those of their near connexions, are too strait to pay eight shillings per week.

19th. As it is necessary to ascertain the Subscriptions of each Meeting that may have a right to recommend poor Patients, Donors of twenty-five pounds and upwards, are desired to explain, whether they wish to enjoy the privilege, during life, of recommending poor Patients, or that their Donations should be considered as the Subscriptions of their Quarterly or other Meetings: and it is agreed, that all Donations of individuals (not claiming such right of recommendation,) shall be considered as the Subscription of the Quarterly Meeting to which they respectively belong, whether reported to such Meetings, or not; and every Quarterly Meeting shall enjoy the privilege of recommending poor Patients, in proportion to the Subscriptions of their respective members.

20th. As, in many cases, it may be difficult for the friends of Patients to procure suitable persons to conduct them to the House, it is agreed, that on application, a proper person shall be sent from the Retreat; the expenses only being paid by the Patients' friends.

21st. Though it was the original design of this Institution, to accommodate such insane persons as are members of our Society, yet it was also considered that cases might arise, wherein it might be desirable to extend such accommodation

beyond the line of strict membership ; but as an indiscriminate admittance of persons not in membership, would defeat the special design of the Institution, the admitting, or not admitting of them, must always be left to the discretion of the Committee, and consequently time given for that purpose.

22d. It also appears necessary, that the sending of Patients without previous application, should, in all cases, be avoided, lest suitable accommodation be not ready for their reception ; and Friends are also requested to avoid bringing Patients at late hours of the night.

23d. As some Patients have come with disorders unconnected with Insanity, and which require additional expense or attendance, it is judged necessary, that, in such cases, an additional charge shall be made, at the discretion of the Committee.

24th. As experience demonstrates, that the recovery of insane Patients frequently depends on their being removed from their connexions, and put under proper care and treatment, in the early stages of the disorder, it is earnestly recommended to their friends, to remove them at an early period after the disorder appears to be fixed. And, as an additional inducement to persons in straitened circumstances, to adopt this salutary measure, it is concluded, that, in derangements not exceeding six months from their first appearance, those members of our Society whose circumstances, in case of continuance, would not conveniently admit of their paying more than eight shillings per week, shall be entitled to an abatement of four shillings a week for one year, if not sooner recovered. Those Patients who, by the former Rule, would have been rated at four shillings per week, will, under this regulation, be admitted gratis, for a year, if necessary.

25th. As circumstances may sometimes occur wherein it is proper that the Committee should have a discretion to decline the admission of Patients, though members of our Society, especially when the House is nearly full ; it is agreed to vest such discretion in the Committee, until the Quarterly or General Meeting can be consulted ; which Meeting shall determine the propriety of admitting or refusing such applications.

26th. As the wearing of washing gowns and skirts is at present so much increased, that the washing of them in so large a family is attended with considerable inconvenience ; it is agreed, that those belonging to the Patients shall be washed out of the House, and the expense charged to their respective accounts.

N. B. There are apartments in which Patients with a Servant may be accommodated, without mixing with the others.

Application for the Admission of Patients, or Contributions for the support of the Institution may be made to William Tuke.